

Namikoshi Shiatsu mobilizes for the 30th year of activity of the Swiss School

From Japan, Italy, Spain, and The Netherlands, Therapists and Masters of the Namikoshi Method as well as influential Masters of the Masunaga Method are keeping on with their exchange and relationship.



Picture:: Anna Maria Frey, President; Dario Baranzini, Director of the Swiss Institute of the Namikoshi Shiatsu in Tokyo in the year 2005

International Meeting in Arbedo, May 25-28

From May 25th to May 28th, an International Meeting of Shiatsu will be held in Arbedo, close to Locarno, with the participation of the Japan Shiatsu College, of Master Onoda as well as other important European Masters of the Masunaga Method.

As you can see in the attached program, these days will give the chance for full learning and in-depth study to all the Operators.

The payment for the Meeting, € 260,00, can be made through our Secretariat; the filling in of the application form as well as the booking of the hotel and meals, however, should necessarily be done in the following

www.namikoshi.ch.

We should remind you that in order to take part in the Meeting, as well as in any other activity, it is necessary to bring up to date a € 75,00 payment of the year membership fee.

The deposit should be made by April 30, 2006 through the post checking account n° 93267003 in APIS name, Via della Mercede, 33 - 00187 Rome - Italy.

Furthermore, you are kindly requested to send the receipt at the following fax number: 06 69789445. Otherwise, you will be allowed to directly give it to the Secretariat during the working hours.

Working groups for the reform of the Association decided by the General Assembly

Working groups are preparing the proposals necessary to change the life of our Association in order to allow it to be fully able to play its role of Professional Association also in the view of a possible regulation of Shiatsu in our Country.

The main subjects which are being faced concern, on the one hand, the APIS organizing aspects; on the other hand, they deal with the basic principles concerning the Profession of Shiatsu Operators so as to allow (follows on page 4)

Voluntary work Establishment of the A.V.I.S.N.

The APIS voluntary services section has been established on January 13, 2006 under the name of the Italian Association of Voluntary Services for Namikoshi Shiatsu (A.V.I.S.N.). It is a non-profit organization aiming at solidarity. The A.V.I.S.N. goal is to perform its activity through a physical and social intervention in the field of motor handicap as well as in favor of people affected by disabling disease. The Association is able to pursue these objectives firstly through the use of the Namikoshi Method and/or of other Shiatsu methods.

Alberto Polidori will be the new President and he will be helped by Flavia De Ambrosis, vice-President, and Giancarlo Di Pietro, Secretary. The Managing Committee is made up by Salvatore Amaro, M. Teresa Basoni, Giampiero Cambi, Cinzia Ceccantoni, Paola Palana and Amedea Renzi.



Picture: Arbedo . Civic Center where the International Shiatsu Meeting will be held. This is the picture of the group after the Arbedo Meeting in the year 2003

Il Corriere dello Shiatsu



Akitomo Kobayashi

Hiroshi Aoki



Kazutami Namikoshi



Juji Namikoshi

Shigeru Onoda



Anna Maria Frey

Dario Baranzini



Douglas Gattini



Roberto Taverna



Peter Itin

Program of the International Meeting in Arbedo

Thursday May 25

- 8:30 am – 9:00 am: collection of didactic material
- 9:00 am – 9:20 am: opening of the meeting and welcome to the guests. Welcome by the President of the Japan Shiatsu College, Kazutami Namikoshi
- 9:20 am – 11:00 am: Master Akitomo Kobayashi – scapulo-humeral periarthritis
- 01:00 pm – 02:30 pm: Lunch
- 11:30 am – 01:00pm: Akitomo Kobayashi – continuation
- 01:00 pm – 02:30 pm: Lunch
- 2:30 pm – 04:00 pm: Master Shigeru Onoda – Wryneck
- 04:00 pm – 04:30 pm: Break
- 04:30 pm-06:00 pm Master Shigeru Onoda - continuation

Friday May 26

- 8:30 am – 9:00 am: collection of didactic material
- 9:00 am – 10:30 am: Official Ceremony: Mayor of Arbedo-Castione, Mr. Renzo Bollini – Welcome to the guests.
- Swiss Shiatsu Association of the Namikoshi Method, President Annemarie Frey: a Meeting aimed at the finding of common points and on the exchange between different Shiatsu styles.
- Japan Shiatsu College of Tokyo, President Kazutami Namikoshi – Shiatsu in Japan
- Foreign Affaires of the Japan Shiatsu College of Tokyo, President Hiroshi Aoki: “Namikoshi Shiatsu at an international level”.
- NSE (European Namikoshi Shiatsu), President Shigeru Onoda: “The NSE, a new reality: aims and activities
- APIS (Italian Professional Shiatsu Association), President Roberto Taverna: “Situation of the Namikoshi Shiatsu in Europe
- Shiatsu Gesellschaft Schweiz and ISN (International Shiatsu Network), Representative, Peter Itin: “Shiatsu in Switzerland”.
- Shiatsu Voluntary Work, Person responsible for it, Dario Baranzini: “Shiatsu and Parkinson’s disease”.

- Official handling of the certificate of membership to the Namikoshi Shiatsu Europa given to the Dutch School “Nippon-Nederlandse Shiatsu School”, chaired by Clemens Vogt. The Certificate will be handed by Kazutami Namikoshi, President of the Japan Shiatsu College, and by Master Shigeru Onoda, President of NSE.
- 10:30 am - 11.00 am Break
- 11:00 am - 01:00 pm Master Peter Itin - Balancing of Full-Empty (Kyo-Jitsu) according to Masunaga and with the help of maridians
- 01:00 pm – 02:30 pm: Lunch
- 2:30 pm – 04:00 pm: Master Peter Itin – continuation
- 04:00 pm – 04:30 pm: Break
- 04:30pm – 06:00 pm: Master Douglas Gattini – “Energetic evaluation and specific Shiatsu treatment for the abdomen”.

Saturday, May 27

- 9:00 am – 10:30 am: Master Douglas Gattini - continuation
- 10:30 am – 11:00 am: Break
- 11:00 am – 01:00 pm: Master Shigeru Onoda – Perpendicularity and direction of the pressure on advanced techniques.
- 01:00 pm – 02:30 pm: Lunch
- 2:30 pm – 04:00 pm: Master Shigeru Onoda – continuation
- 04:00 pm – 04:30 pm: Break for the students who are NSE members – End of the day for all the other participants.
- 04:30pm – 06:00 pm: Master Shigeru Onoda – only for members of the Namikoshi Shiatsu Europa. Certificates on the quality of pressure and basic technique by Master S. Onoda, NSE President with the participation of the Masters belonging to the Japan Shiatsu College. This will be only for the NSE therapists (only for those therapists who attended and passed the basic course).
- 07:45 pm – 08:00 pm: Cocktail.
- 09:00 pm: Dinner all together.

Sunday, May 28

- 9:00 am – 10:30 am: Master Akitomo Kobayashi: “Disorders of the knee joints”.
- 10:30 am – 11:00 am: Break
- 11:00 am – 12:30pm: Master Akitomo Kobayashi – continuation
- 12:30 pm – 01:30 pm: Break – lavish snack
- 01:30 pm – 02:30 pm: End of the Meeting:
- Handling of Certificates
- Regards by the people responsible for every Association and School: Upter Sport – Popular University of Sports, Superior School of Shiatsu, Director Giusy Santonastaso
- European Shiatsu Association, Dutch Department, President Robert Kleinenberg
- APIS Voluntary Work Group, President Alberto Polidori
- Spain (Association)
- Portugal (Association)
- End of works by President Kazutami Namikoshi
- - Final pictures.

Il Corriere dello Shiatsu



An important appointment

On the occasion of the Meeting in Arbedo, Mrs. Annemarie Frey, Director of the Institute of Natural Therapies, in Locarno, and President of the Swiss Association of the Namikoshi Method, will celebrate her 30 years of work as therapist and teacher. Her most favorite discipline has been represented by Plantar Reflexology; she has been performing and teaching it for 30 years. Her Institute, however, is considered a state-of-the art school as for the training of Naturopaths and complementary Therapists; the School obtained significant recognitions by the main outstanding Associations in the field and by the main Centers of diseased people in Switzerland.

In 1995, the School, as well as the Swiss Association of the Namikoshi Shiatsu, was established with the agreement given by Master Denis J. Binks and through our cooperation.

One of the first students that got the Diploma was Dario Baranzini who showed, since the very beginning, great passion, capability and serious commitment. He will become assistant very soon, supporting Roberto Taverna in the Management of the School. Later, he will definitely become Manager of the School and obtained the recognition as Master by the Japan Shiatsu College of Tokyo in November 3, 2006, in Tokyo.

The international Meeting in Arbedo will gather, once again within a few months, the European Namikoshi world with the participation, for the third time since the year 2004, of Kazutami Namikoshi, President of the Japan Shiatsu College of Tokyo, together with Master Hiroshi Aoki, the person responsible for Foreign Affairs, and one of the most outstanding Masters of the JSC of Tokyo, Akitano Kobayashi. There will also be Juji Namikoshi, Kazutami's son and teacher of the JSC in Tokyo. Moreover, there will be Master Shigeru Onoda, President of the Namikoshi Shiatsu Europe who is committed in creating those conditions that could allow the wide spreading of the Namikoshi style in Europe. Furthermore, there will be the presence of the Schools of Spain, of The Netherlands, Portugal, Italy and, of course, Switzerland.

This Meeting, however, is based on the comparison between different Shiatsu styles; that is why, among the speakers, there will be both Master Peter Itin, Representative of the International Shiatsu Network, and Master Douglas Gattini, President of the Italian Shiatsu Federation. This Meeting aims also at the cooperation, the mutual recognition and the search for an agreement that allows an hypothetical complete training of a Professional Shiatsu Operator. In this way, the Operator should therefore be able to perform the most appropriate Shiatsu technique required according to the needs of a patient. The Meeting will be entertainment but also an appointment with a high-level training, an outstanding moment of professional updating. However, once again, the Meeting will also be the right occasion to show that, in Switzerland Spain, The Netherlands, Portugal and Italy, there is a group representing representing the heart of the Namikoshi Method which has been guaranteed for many years. Of course, all this is based on the sacrifices that each participant has faced and it is exactly thanks to the sacrifices made for more than ten years that it is worth lingering on the way these International Meetings have to be organized in Europe and in other parts of the world.

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It is worth considering the recurrence of the meetings: they have to be consistent with the possibility of attending the Meeting by the Holders of a Diploma. Furthermore, one should think about how to organize the Meetings. A possibility is represented by the thematic meetings which can be proposed in cooperation with the Schools performing the Namikoshi Method and accepted by the JSC. As for subjects to be treated in the Meeting, Schools and Associations should give rise to research and collection of documentary data, according to homogeneous criteria, thus witnessing the validity of the proposed solutions. We are not talking about a Scientific Congress with all the rules it implies; however, even though we know that interpretation criteria of scientific experiments should necessarily be different from those of Shiatsu treatment, it is however necessary to document Shiatsu validity through a uniform collection of data and according to fixed and significant methods.

The Arbedo Meeting could also be a moment of reflection and analysis which are necessary in a period of significant changes in the Namikoshi method deriving from the creation of the NSE in Europe. The NSE objectives are clear enough; however, it is necessary to linger on them. It is true that, under the recognition by the JSC, the NSE authorizes, in Europe, the Schools created to teach the Namikoshi Basic Technique; it is also true that it is necessary to think about those structures that control the overall training of a Professional Shiatsu Operator according to the Namikoshi style. Furthermore, it is necessary to establish a structure able to safeguard Namikoshi Professional Operators at a European Level. In our opinion, these structures are already existing and they are represented by the European Shiatsu Academy as well as the European Shiatsu Association. They have been established by Master Denis Binks and Master Toru Namikoshi with the backing of Master Tokujiro Namikoshi. Associations and Schools of The Netherlands, Switzerland and Italy are already part of it. These two huge Organizations are very close and they could be able to rule all the European Schools and Associations supporting this Method. In Italy and in The Netherlands there are Schools that choose the way of dispute instead of the way of cooperation. We have been thinking about this situation for a long time, and we have suffered a lot for it; however, we are still ready to seek dialogue and to find a unity in the interest of all Namikoshi Shiatsu Operators



Il Corriere dello Shiatsu

Circular letter n° 4 of April 18, 2006 confidential for members only

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E-mail: apis@apis.it



Working of the secretariat
Tuesday and Friday 9:30
am— 01:00 pm
Wednesday 03:30 pm -
05:30 pm



News about Courses and Meetings

Principles of cranio-sacral Biodynamic

The course that will be held during three week-ends, has been postponed because of organizing problems; it will therefore start in June 29. The enrolments will definitely be closed in June 5; therefore, all those who have not yet done it are kindly requested to confirm their participation. As for the program information, which has already given in the previous letter, it is possible to click on the site or call during the Secretariat working hours.

The participation to the Course allows the acquisition of APIS training credits.

BLS/D and First Aid

The Course, that will be held by Dr. Eleonora Mazzoni, will last a week-end. After it, together with the Attendance Certificate, there will be given a Certificate of BLS/D (Basic Life Support/Defibrillation) in compliance with the International protocol.

The participation is restricted to a maximum of ten people; we have therefore fixed two appointments: June 10-11 or September and October 1. It costs € 170 and the Course attendance gives APIS training credits.

Principles of Osteopathy

A Meeting of evaluation and mechanical and physiological interpretation of pain.

“Research of primary lesions as the cause and consequence of local, regional and systemic symptomatology.

Elements on visual and touch differential diagnosis”.

This Meeting will be held in 2 week-ends: September 23-24, 2006 and October 2006. It gives APIS training credits

Connective Massage

This Course has still to be scheduled but we are announcing it in advance because of the great interest it arises. It will be held by Prof. Pennacchini, starting from September. ECM for Physiotherapists are required. The Course should last 170 hours. It gives APIS credits.

The new APIS card

We inform you that we are preparing the new card. The card will have a code that will directly give access to a data bank containing different information on the Members, including their training background. Moreover, the personal code gives the right to access a reserved area on our Internet site.

Apis reform

(from the first page)

them to work now and to be ready for the possible recognition of their Profession as Shiatsu Operators.

It is necessary that the aim and tasks of a Professional Association are clear. The three main aspects are the following:

Proposals for the redefinition of both a training CV and of certificates which are to be issued according to global trends without obscuring our specificity and able to foresee a periodical updating program.

Updating of the code of conduct and establishment of all those bodies in charge for the respect of the code itself. On one hand, the code should concern the basic principles necessary to practice the profession of Shiatsu Operators; on the other and, the code should include all the behavioral rules of every single APIS member.

Establishing of a data bank concerning all the aspects of both the Association and the papers which are useful to our members for the regulation of Shiatsu Operators. A data bank which can be used as a reliable evidence, and, therefore, useful for the recognition of the training background of each member.

Less importance should be attached to the efforts that will be made in order to contribute to the deepening of Professional Shiatsu Operators' skills. Furthermore, all the domains which fall within the competence of a Professional Shiatsu Operator will be redefined as well as his/her relationship with other Professional non-medical staff and with the personnel belonging to the non-conventional medicine and bio-natural disciplines.

Finally, our efforts should be focused on the relationship existing between the Association and its members so as to create those conditions that allow an enhanced participation to the Association's activities, a consolidated democratic feature of the APIS such as improved services offered by the Association itself.

An outstanding task can therefore be represented by the established working groups whose job could lay the foundations for the renewal of the Association leading group which is supposed to be scheduled by the first semester of the year.

Short news

Resignation by Simonetta Ischiboni from the APIS Board of Directors

We inform you about the resignation by Simonetta Ischiboni from the Board of Directors. The resignation letter explaining the reasons for her choice as well as the acceptance by the Board of Directors itself will be published in the next number of the newsletter.

Law n° 43 of February 1, 2006

In the last period of office of the last legislature, the Parliament approved the institutive law on Associations concerning health-care professional personnel. Art. 1, paragraph 2 foresees also the possibility for every region to detect and rule the role and activity of health-care personnel. In our opinion, this could represent the key point for a positive solution concerning the recognition of a Professional Shiatsu Operator.